

# STULL COMMUNITY of FAITH

1596 E 250 Rd, Lecompton, Ks 66050

## FEBRUARY 2024 – NEWSLETTER

Grace and peace to you from God the Father and His Son Jesus Christ.

### The Way of the Heart

As the playoffs are ending, the championship football game is on the line, who will be going to the Superbowl? I see a lot of Chiefs sport ware, and the tensions are high. How will the Chiefs perform against the Ravens, and will the 49ers be going to the Superbowl? Even college basketball raises blood pressure! After 5 overtime wins, K-State is being dubbed “Cardiac Cats”. But here’s the real question: did you know your heart attack risk can more than double when your favorite team is playing? This is taken from a commercial airing on sports channels, and it’s sponsored by Bayer Aspirin.

Proverbs say a lot about the heart.



Proverbs 4:23 – Above all else, guard your heart, for it is the wellspring of life.

Proverbs 14:30 – A heart at peace gives life to the body, but envy rots the bones.

Proverbs 15:13 – A happy heart makes the face cheerful, but heartache crushes the spirit.

The heart is where you think and make sense of the world, and it’s where you do more. In the Bible, the heart is where you feel emotions.

When we come to know who Jesus is, and through the leading of the Holy Spirit, we ask Jesus to lead our life, we will often ask him into our hearts. The very center of our beings. We submit our will to God’s will, and we open up the very core of who we are to receive him.

So, folks, we are compelled to value our hearts. We are called to pay attention to our hearts. Give our hearts the physical health they need, the nutrients and exercise to sustain them, but also pay attention to the spiritual care they need. Stay in the Word, read your bible, spend time in prayer, sit alone with God in the silence, or in nature. Attending to worship and service to others, be involved in a group that meets to study and discuss God’s Word together. Be among friends who build you up and support you. These are ways we can stay in good heart health.

My prayer for all of us is that we will hear God’s leading – his gentle whispers – and be ever vigilant in our heart care – together.

See you in church,

Pastor Kyle

You can catch Pastor Kyle's sermons each week by visiting Stull Community of Faith podcast on Facebook. They are usually posted by 7am the Monday following the sermon.

Pastor Kyle has established standing office hours in his office in the Faith and Friendship Center on Wednesdays from 10:30-1:30ish. He is also available to meet with folks at any time as needed; just give him a call.

Our annual Valentine's benefit dinner will be Saturday, February 10<sup>th</sup> at 6pm in the FFC. Dinner of pork loin and sides will be served. Cost is \$15/person. All funds raised will be given to John Kennison. John is a double lung transplant recipient. He had to quit his job of 38 years. John and Linda were able to return to their home in Overbrook where John continues his recovery. RSVPs are requested to Brenna 785-887-6605 or Carolyn 785-925-0190.

**Lent Bible Study** – *The Third Day Living the Resurrection* by Tom Berlin. Will be meeting on Wednesday evenings at 7pm starting on February 21<sup>st</sup> for 6 weeks. Please let Carolyn know (785-925-0190) if you would like to join this study before the 4<sup>th</sup> of February so we can get you a study book.

Are you interested in attending First Aid/CPR/AED training? Consolidated Fire District is willing to teach a class for our community at no charge. We are still in the planning phase of a date. If you have any interest, please contact Brenna @ 785-887-6605. There are class size limits, however CFD is willing to have more than one class if needed.

We are updating our church prayer chain. This is a dedicated group of prayer warriors within our church and community who pray intently for joys and concerns that are shared by families and friends in our community. If you wish to be on this chain, please contact Brenna 785-887-6605.

We were blessed to be able to resume having our annual pancake fundraiser this year. Proceeds will go towards enhancements to our playground. To date, donations total \$3500.

A special thanks to all who donated their time & talents to make this event such a success.

God continues to bless us with congregants who show their support and love of God each and every week through their monetary offerings. If you would like to know about the different options available for making your offering, please contact Jane Edmonds or Mary Shultz. As it says in 2 Corinthians 9:7 - Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.

Financial reports are generated each month showing bank balances and the budget report. Contact Jane or Mary to receive copies.

Want to receive the newsletter via e-mail and also get special newsletters, please contact Carolyn at 785-925-0190 or [cwulfkuhle@lpa-s.com](mailto:cwulfkuhle@lpa-s.com). Help save a tree and postage.

Thanks, from Topeka Rescue Mission for our church's monetary donation to their mission work in the Topeka area.

Many Thanks are shared for the Harvesters Rural Mobile Distribution Team that helped hand out food to those in need in our church parking lot last week in the fog, drizzle, and muddy parking lot. The patrons coming through appreciated the dedication and devotion of our church to this ministry.

**Prayers:** Peggy Sue (Vanessa's sister), Diane Fishburn, Kylie Jackson, joy for the sunshine forecast for this next week!!!

### CHURCH CALENDAR

- Jan 31<sup>st</sup>, 9:30 am      Wednesday Morning Muggers meets for coffee/tea and conversation. Anyone in the community is welcome to join in whenever they can.
- Feb 1<sup>st</sup>, 6:30-7:30pm      Community Cupboard and Clothes Closet open in the church basement for anyone in need of these services.
- Feb 7<sup>th</sup>, 9:30am      Wednesday Morning Muggers meets for coffee/tea and conversation. Anyone in the community is welcome to join in whenever they can.
- Feb 10<sup>th</sup>, 6pm      Annual Valentine's Benefit Dinner with John Kennison being the honoree. See article with details.
- Feb 14<sup>th</sup>, 9:30am      Wednesday Morning Muggers meets for coffee/tea and conversation. Anyone in the community is welcome to join in whenever they can.
- Feb 15<sup>th</sup>, 6:30-7:30pm      Community Cupboard and Clothes Closet open in the church basement for anyone in need of these services.
- Feb 21<sup>st</sup>, 9:30am      Wednesday Morning Muggers meets for coffee/tea and conversation. Anyone in the community is welcome to join in whenever they can.
- Feb 21<sup>st</sup>, 7pm      Lent Study – The Third Day, Living the Resurrection, in the F&FC.
- Feb 22<sup>nd</sup>, 12pm      Harvesters Rural Mobile in church parking lot to distribute perishable food items to anyone in need on first-come, first-serve basis.
- Feb 28<sup>th</sup>, 9:30am      Wednesday Morning Muggers meets for coffee/tea and conversation. Anyone in the community is welcome to join in whenever they can.
- Feb 28<sup>th</sup>, 7pm      Lent Study – The Third Day, Living the Resurrection, in the F&FC.
- Mar 2<sup>nd</sup>, 9-2pm      Blankets of Blessing Sewing Day held in the F&FC. Many steps go into the completion of the blankets. You do not need to know how to sew to participate. Please bring a sack lunch and snack to share. If you can't come for the whole time, come for a few hours.

Mar 6 <sup>th</sup> , 9:30am	Wednesday Morning Muggers meets for coffee/tea and conversation. Anyone in the community is welcome to join in whenever they can.
Mar 6 <sup>th</sup> , 7pm	Lent Study – The Third Day, Living the Resurrection in the F&FC.
Mar 13 <sup>th</sup> , 7pm	Lent Study – The Third Day, Living the Resurrection in the F&FC.
Mar 20 <sup>th</sup> , 7pm	Lent Study – The Third Day, Living the Resurrection in the F&FC.
Mar 24 <sup>th</sup> , Mar 27 <sup>th</sup> , 7pm	<b>PALM SUNDAY</b> Lent Study – The Third Day, Living the Resurrection in the F&FC.
Mar 30 <sup>th</sup> , Apr 16 <sup>th</sup> , 5-7pm	<b>EASTER</b> Meatloaf Tuesday Community Meal served dine-in or carry out. Meatloaf, loaded mashed potatoes, corn, tossed salad, roll, and homemade desserts served. Donations accepted for local church mission and ministry projects.
Jun 18 <sup>th</sup> , 5-7pm	Tacos on Tuesday Community Meal served dine-in or carry-out.
Oct 15 <sup>th</sup> , 5-7pm	Ham and Beans Community Meal served dine-in or carry-out. (Beef hotdogs will also be served.)



1596 E 250 Rd  
Lecompton, Kansas 66050

*A loving heart is the truest wisdom.*